Transforming Risk: Safety Strategies for Life

This year’s Training Forum, “Transforming Risk: Safety Strategies for Life”, will build on the important dialogue we embarked upon two years ago at the 2008 Training Forum, where for the first time in BC, a provincial training for victim service workers was held on the subject of risk identification and safety planning from violence. The training this year will provide participants with a much more in-depth look at domestic and sexual violence risk identification and focus in on various critical safety planning perspectives needed in order to keep women and children safe from violence. We will also be taking a closer look at particularly vulnerable groups, including women who are socially and/or geographically isolated, as well as Aboriginal, minority and immigrant women.

Public awareness about violence against women and their children has increased in BC in recent years as a result of events such as the 2007 Oak Bay tragedy when Sunny Park, her 6-year old son Christian Lee and her parents Kum Lea Chun and Moon Kyu Park were murdered by her estranged husband, Peter Lee, who then took his own life. This led to a formal Inquest by the BC Coroner’s office that generated a great deal of media coverage and produced a series of recommendations from the inquest jury on how to improve safety for the women and children of British Columbia.

In addition to the December 2009 “Findings and Recommendations of the Lee Inquest Jury”, the past year has also seen several other groundbreaking reports in this province confirm our belief that all responders to domestic and sexual violence must be well versed in risk identification and safety planning. These include: “Honouring Christian Lee, No Private Matter: Protecting Children Living with Domestic Violence,” BC Representative for Children and Youth (September 2009); BC Domestic Violence Action Plan, Ministry of Public Safety and Solicitor General (March 2010); and the Report to the Chief Coroner of British Columbia by the Domestic Violence Death Review Panel (May 2010).

All of these reports point to the need for standardized risk identification and safety planning training for Crown, police, child protection workers and victim service providers. Over the past 15 years, there have been 153 confirmed domestic violence-related deaths in BC. Other provinces, like Ontario, have introduced domestic violence lethality frameworks and trained all Crown on how to use them, but BC has lagged behind. Now, with initiatives such as the Solicitor General’s Domestic Violence Action Plan, it seems clear that the importance of developing a standardized knowledge base and training across the board as part of an effective coordinated cross sector response is now recognized here in BC.

In 2009, an online course on risk identification and safety planning was developed for police across BC. At the same time, EVA BC’s Community Coordination for Women’s Safety (CCWS) program also developed a new three-day intensive course on risk identification and safety planning for victim service providers based on extensive research of national and international models. The CCWS training was successfully launched in Kelowna in March 2010.

Today, EVA BC is working with Victim Services and Crime Prevention Division (VSCPD) to develop an online course, based on some of the same frameworks used in the police and CCWS curriculum, for all anti-violence workers across the province, including
Community-Based Victim Assistance Programs, Stopping the Violence Counselling and Outreach Programs. Similar training for child protection workers is also under consideration.

Addressing the issues of risk identification and safety planning at the 2010 Training Forum could not be timelier. It is a prime opportunity to share the tools and information developed to date with anti-violence workers and to introduce frontline responders from across BC to some of the ideas that will be included in the future online training. We feel confident attendees will appreciate the range and depth of expertise of presenters at this year’s forum.

We are pleased to announce that EVA BC will be able to offer travel and accommodation subsidies again this year for one representative from each Community-Based Victim Assistance, Stopping the Violence Counselling and Stopping the Violence Outreach program. Unfortunately, permission has not been granted to extend funding to each Violence Against Women Coordination Committee across BC this year. Of course, agencies are welcome to send as many staff members as they wish. Registration fees and travel and accommodation subsidies are outlined in this package.

Also, we would like to extend our thanks to the Department of Justice Canada for their funding support of this year’s Training Forum. We hope you will be able to take this opportunity to engage in this year’s Training Forum with your colleagues from across the province. We look forward to seeing you there!

Tracy Porteous
Executive Director, EVA BC
On behalf of the Training Forum Planning Committee

* Artwork throughout the program by Sheila Norgate
2010 Annual General Meeting

Saturday, November 27, 2010
9:30AM-1:30PM
Sheraton Vancouver Airport Hotel
Richmond, BC

AGENDA
• Welcome and call to order
• Year in review
• Open member discussion
• Break (coffee, muffins and fruit provided)
• EVA BC business
• Election of Board of Directors

We encourage participants to stay on after the training forum and join us for EVA BC’s Annual General Meeting (AGM) at the same venue on November 27. Our AGM is an opportunity to:
• connect with other advocates, counsellors and managers within your region and across the province,
• meet or reconnect with EVA BC’s staff and Board,
• recognize our accomplishments over the past year,
• identify critical issues and look to the year ahead.

We will be holding elections for regional representation on EVA BC’s Board of Directors for the coming year. Directors serve two-year terms, so not all seats will be up for election this year. Please contact your current Board representative to ask her intentions and determine if there will be a vacancy in your region.

We encourage prospective Board members to share their interest with other members in their region, obtain prior approval from their agency to sit on the Board, and come to the AGM prepared to speak about themselves and what they bring to EVA BC.

Member programs that are in good standing and have paid their membership dues at least 30 days prior to the AGM will be eligible to vote. If you are unsure about your membership dues, please contact our office at 604-633-2506 ext 10 or evabc@endingviolence.org.

We look forward to seeing you at this year’s AGM!
# Forum at a Glance

## Thursday November 25

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<td><strong>Dr. Colleen Varcoe</strong> What’s Health Got To Do With It?</td>
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Keynote Addresses Thursday, November 25, 2010

What’s Health Got To Do With It?  
Dr. Colleen Varcoe

Women’s health is profoundly affected by all forms of violence, including sexual assault and intimate partner violence, and the effects are cumulative across their lifespan. The health effects of violence include chronic pain (related both to direct injuries and generalized effects of trauma), mental health problems (including anxiety, depression, PTSD) and substance use. Violence’s effect on health creates significant barriers to women’s healing, including barriers to accessing services for safety planning, gaining employment and parenting. Health impacts still persist after women have left abusive partners and even when they are no longer experiencing violence. These dynamics have significant implications for those who provide services and advocate for women. The goals of this presentation are to present findings from a program of research on the health effects of violence, outline the implications for service providers when doing safety planning, consider the implications for advocates, and describe interventions that are currently being delivered and tested in a partnership between nurses and advocates/victim’s services providers.

Colleen Varcoe, PhD, RN, is a Professor in the School of Nursing at the University of British Columbia. Her research focuses on women’s health with an emphasis on violence and inequity, and the culture of health care with an emphasis on ethical practice. Her research program aims to promote ethical practice and policy in the context of violence and inequity. She recently completed a study of the interacting risks of violence and HIV infection for rural and Aboriginal women and a study of ethical practice in nursing. Last year she completed a participatory study of rural maternity care for Aboriginal women in four communities. She has also just completed a study of how the ideas of social justice and equity might enhance policy development. She is currently co-leader of a team conducting a longitudinal study of the health and economic effects of violence against women after women have left abusive partners, of a study examining the delivery of primary health care at urban Aboriginal health clinics, and a study of Aboriginal women’s experiences of leaving an abusive partner. She has over 70 peer-reviewed publications, including a co-edited book entitled Women’s Health in Canada: Critical Perspectives on Theory and Policy.

Once A Victim, Always A Victim?  
Maureen Kitchur

Maureen Kitchur, drawing on over 25 years experience working in the field of domestic abuse, will speak about the most powerful and hidden factors that set women up for abuse and keep them stuck there. She will present a compelling case for how service must be delivered if the cycle is to be broken. In her address, Maureen will discuss how the brain and its development are powerfully impacted by early traumatic experiences, as well as hidden and overlooked factors. She will focus on how these experiences and factors interfere with healthy attachment, influence coping responses and undermine decision-making, including the ability to engage in decisions around safety planning. She will suggest strategies and make clear and strong recommendations for support workers, counsellors and policy makers, on how to enhance the clients’ capacity for safety.

Maureen Kitchur, MSW, RSW, has more than 20 years of experience as a psychotherapist and healer. She has consulted and taught all over North America and her clinical work is internationally published. She currently provides therapy, consults, teaches, and writes from her home base in Calgary. Maureen has an extensive background in a variety of healing methods, including cognitive-behavioural therapy, clinical hypnosis, EMDR (Eye Movement Desensitization and Reprocessing) as well as in alternative energy healing practices. She has taught and consulted in the field of trauma and complex trauma using EMDR, developing a comprehensive treatment model called the Strategic Developmental Model for EMDR. Maureen has fulfilled multiple roles in the field of domestic abuse as an: investigator, developer and provider of treatment services, expert witness, coordinator of child abuse services for a large city child protection agency, chair of a legally-mandated child abuse review body, and consultant.
Spotting the Signs – Before Someone Dies

Jocelyn Coupal

BC’s former Domestic Violence Resource Counsel will speak about the critical need for each of us (within the context of our own situations or disciplines) to systematically identify the warning signs for lethality in domestic violence cases and take action before it is too late. Globally, one in four women will be assaulted by their partners in their lifetime. We are all potential victims when we fail to spot the signs and take action. Children, friends, family members, coworkers, victim advocates, and police officers are particularly vulnerable targets because of the nature of their relationship to and work with the victim. Knowing the warning signs and risk factors of domestic violence is the first step. But systematically using a guide that allows each of us to make sure we have all the information we need to act in a specific case, has the power to stop the violence and save lives.

Jocelyn Coupal has spent the last decade as a working prosecutor and most recently as a Domestic Violence Prevention Advocate and Consultant speaking locally and nationally about the dynamics of domestic violence and how each of us can make a difference in helping to end it, within our own context. In 2008, as the Domestic Violence Resource Prosecutor for British Columbia, Jocelyn was responsible for designing and managing the Langley Pilot Project. Innovative and cutting edge, this project examined the impact of a collaborative best practices approach to the investigation and prosecution of domestic violence cases resulting in: significant increases in conviction rates, reduced victim recantations, reversing of long established trends of relying on the victim’s testimony or cooperation for success, and the vast majority of offenders accepting responsibility without going to trial. Following the Langley Pilot, she contributed to the online “Evidence-based, Risk Focused” Domestic Violence mandatory training course for 5000+ BC Police, improving the way the criminal justice system addresses Domestic Violence. Jocelyn testified at the Peter Lee Inquest speaking extensively about community based victim assistance programs and sat on British Columbia’s Chief Coroner’s inaugural Domestic Violence Death Review Panel. Her mission is to ensure none of us: “Let Domestic Violence Walk Away”.

Culturally Driven Violence Against Women

Aruna Papp

Aruna Papp will share her 30 years of experience as the founder of three organizations, a social worker, an educator, and counsellor in private practice. In a 1999 national survey of Canadian women’s experience of domestic violence, Ms. Papp says that several disturbing patterns came to light, including the fact that the highest prevalence of domestic violence against women was found in the homes of immigrants from developing countries. Ms. Papp will speak about many important risk factors often missed when assessing risk and safety in communities where shame and honour are central, and where honour killings exist. She will outline how assessing and managing risk is different in these communities and will share important ideas about safety planning based on her recent paper “Culturally Driven Violence Against Women: A Growing Problem in Canada’s Immigrant Communities”.

Aruna Papp, MA, ADR, MEd, has worked as a social worker, counselling families dealing with domestic violence for the past 30 years. Aruna is a survivor of 18 years of domestic violence. Her marriage was arranged when she was a teenager. She came to Canada in 1972 with a 3rd grade education, two little girls and an abusive husband. Aruna founded the Toronto Asian Community Centre, South Asian Family Support Services and Gordenridge Family Services. These agencies work with immigrant communities dealing with domestic violence. Aruna holds two Masters degrees, in Adult Education and Counselling, and has volunteered on numerous boards and committees, including the Board of Governors of Centennial College and the Centenary Hospital in Toronto. She has a private practice in York Region and conducts cultural competency workshops. Her clients include: the York Regional Police, area hospitals and school boards, as well as several non-profit agencies. Aruna is the recipient of several awards and recognitions from governmental and non-profit agencies. Aruna has also produced training resources and videos, as well as publishing numerous books and articles.
Workshops

Creating Safety Through Risk Identification, Focused Interventions and Information Sharing

While current research is showing a common pattern of risk indicators, safety planning and identification of risk remains a complex process. Ideally it involves coordinated development of intervention strategies and information sharing protocols between different agencies working together at the local level. This workshop will provide the most up to date evidence on risk and will explore common tools for safety planning. Through the use of complex case studies, participants will explore strategies to work with women to identify the complexity of risks affecting their safety. As well, we will look at ways to facilitate and coordinate safety planning including liaison with justice system personnel and others as appropriate. Participants will address safety planning for: women staying with their abusers; women preparing to leave; and women who have left, who are dealing with harassment and stalking. Safety plans will address: when there are children; the risks facing Aboriginal, low income, LGBT2SQ, immigrant, refugee and non-status women, women who have disabilities and those who have other extraordinary risks due to their location or community; liaising with justice system personnel and others as appropriate; and the changing nature of risk. This workshop will be offered once on each of the two days, as there is a high need for this specific information and we anticipate high enrollment. Please only enroll for one of the two offerings, as the content will be repeated.

Jocelyn Coupal - see keynote bio

Gisela Ruebsaat, CCWS Issues Analyst, is a law school graduate called to the British Columbia Bar in 1983. Gisela has worked as a researcher, policy writer and trainer in the justice and anti-violence field at the federal, provincial and community levels. She worked for the Ontario Ministries of Attorney General and Citizenship and Culture, producing ministry position papers and statements in the legislature on major justice reform. She was on the project team for the Keeping Women Safe: Eight Critical Components of an Effective Justice Response to Domestic Violence report. Gisela has been a consultant with the CCWS program since its inception in 2001.

Gail Edinger, who is a Regional Coordinator with Community Coordination for Women’s Safety, has over 20 years experience working in British Columbia’s anti-violence sector in community development and coordination, counselling, advocacy, and training. She has facilitated strategic planning with many systems and community groups in support of their efforts to improve and create a consistent safety response for women who have experienced violence. In her current role with CCWS, Gail facilitates community work to build a cross-sector coordinated approach to gender based violence.

Michelle Novakowski has a background in community development and has worked in the anti-violence field for over fifteen years in crisis intervention, counselling, coordination and training. As chair/coordinator of the Violence Against Women In Relationships Committee in Dawson Creek, she helped develop a model for case tracking that has become a best practice template. In 1997 Michelle began work in Nanaimo as the Coordinator for Haven Society’s Community-Based Victim Service Programs and developed VAWIR Coordination there. Michelle has delivered Victim Services core training through the Justice Institute and sexual assault training for EVA BC. She developed the Easy Reference Guide to Bill C-2 and was on the project team for the Keeping Women Safe: Eight Critical Components of an Effective Justice Response to Domestic Violence report. She has been a Regional Coordinator with Community Coordination for Women’s Safety since May of 2006.
The Strategic Development Model: An Efficient Treatment Process for Victims of Abuse and Violence

How should we treat clients who present with multiple traumas? Where do we start? Where should we place the emphasis to get maximum healing and safety? Where should we place the emphasis in order to be able to move a client out of the system?

Maureen Kitchur, MSW, RSW, developed the Strategic Developmental Model in the mid 1990s as a means of comprehensively addressing the needs of clients with multiple or complex trauma, and/or who were not fully healing in other therapy processes. She was particularly concerned with offering an efficient model to high-needs clients on short-term funding, such as aboriginal women who had experienced lifelong violence. The Model was developed for use with EMDR, but its structure offers a treatment paradigm for all counsellors. This developmentally orientated healing process emphasizes safety, thoroughness, efficiency and long-lasting results. It incorporates a focus on attachment, neurobiology, strategic Ericksonian hypnotic techniques, and an attuned relationship with the client. The Strategic Developmental Model has been taught all over North America and in Australia, to both EMDR and non-EMDR therapists, and has been published in EMDR Solutions: Pathways to Healing (Norton, 2005.)

Maureen will present a clear, concise, efficient client history-mapping process that reveals the most important treatment targets. Counsellors will be guided to map a case in the seminar. Maureen will illustrate the treatment process with a case involving an adult female survivor of sexual and physical abuse.

Maureen Kitchur, MSW, RSW – see keynote bio

Working Across Culture for Enhanced Safety

“Cultural Safety” is an approach to effectively and safely work across such differences as: race, ethnicity, sexual orientation, class and so on. For those who have experienced violence, safety of all forms is important. For those, however, who experience structural violence - defined by Paul Farmer on page 8 of his 2003 work Pathologies of Power, as “a host of offensives against human dignity, including extreme and relative poverty, social inequalities ranging from racism to gender inequality” - cultural safety is paramount. In comparison to other approaches to culture, “cultural safety” shifts the focus of analysis away from cultural characteristics or cultural differences onto the culture of service provision itself, analyzing how practice, research and policies can themselves create marginalizing conditions and inequities. Rather than focusing on individual behaviours as a source of ‘unsafety’, this session will focus on how all of our safety is shaped by systems of oppression based on gender, race, class and other forms of ‘difference’. While individual practices are important, a culturally safe approach draws attention to broader systems of power, and how we might participate in these more consciously.

Colleen Varcoe, PhD, RN – see keynote bio

Bearing Witness to Trauma: The Importance of Maintaining Our Own Safety as We Help Women Stay Safe

How do we assist victims in keeping themselves safe when our own safety is compromised as a consequence of working with survivors of violence? The work we do with survivors of childhood abuse and relationship violence can negatively impact how we experience ourselves and view the world. Repeatedly bearing witness to the trauma of women’s lives creates the potential for us to become hopeless, anxious and numb. Failure to attend
to these impacts can diminish our ability to accurately assess and respond to our own and our client’s safety. This workshop will address the internal and external safety of workers from three angles: vicarious traumatization; policy, procedures and supports to enhance worker safety within organizations; and the therapeutic frame and other clinical issues. This workshop will be highly interactive and experiential, allowing each participant to increase their personal awareness and develop concrete strategies to maintain personal and client safety, while continuing to provide deeply empathic support to clients.

Laurie Kohl, MEd, RCC, has worked for over 20 years in the anti-violence field as a frontline worker, educator, therapist and clinical supervisor. She is trained in EMDR and Body-Mind Psychotherapy, and applies mindfulness in her work. She manages a dynamic team of STV therapists at Family Services of the North Shore.

Julia Staub-French, MA, RCC, is the Director of Clinical Programs at Family Services of the North Shore. Her leadership of the Clinical Programs is guided by her belief that her team will do their best work if they are a part of a healthy and solid organization that values authentic relationships. This belief has been informed by her clinical work over the past 16 years as a Psychodynamic-Relational-Feminist therapist, where the issues of power, connection, social context and the unconscious are central to the healing relationship between client and therapist. Julia has worked to end violence in the lives of women as a crisis line coordinator, STV therapist, supervisor, educator, trainer, and dedicated advocate.

Shauna Filgate, BA, is currently a Program/Policy Analyst on the Integrated Child, Youth and Family Policy and Legislation Team with the Ministry of Children and Family Development. Prior to her work in policy, Shauna spent 9 years as a Child Protection Social Worker with MCFD in Fernie, BC. As the mother of three children she was deeply concerned when serious issues in her community began to tragically impact youth, so in 2004 she co-founded Keeping Kids Safe in the Elk Valley http://www.staycrystalclear.com/about_the_campaign.html. Shauna is the primary policy analyst on Domestic Violence within MCFD’s provincial office and is an active volunteer with Greater Victoria Police Victim Services.

Tracey Potter, BA, majored in psychology and holds a diploma in counselling. Prior to working for the Ministry of Children and Family Development, she worked with adults suffering from mental health disorders. Since joining MCFD in 1990, Tracey spent 10 years as a caseworker and has been supervising protection teams for the past 9 years. In addition, she has supervised prevention and support programs including ROOTs and Building Blocks. In 2004, she became involved in the Family Development Response (FDR) program and has worked to incorporate strengths based, solution focused practice into the work her team does and the supervision they receive. She has been a mentor for new employees and supported the implementation of strengths based, solution focused practice and FDR province wide.
Creating Safety Through Risk Identification, Focused Interventions and Information Sharing

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Addressing Risk Through Collaboration: Models from Two BC Communities

BC has a strong culture of community collaboration on violence against women. In many ways, across the province, communities of responders are working together across sectors to address risk and collaborate on victim safety plans. This workshop will showcase two promising models, The North Okanagan Integrated Case Assessment Team and the Cowichan Valley Domestic Violence Designated Court. A panel of representatives from the two projects will present their challenges and triumphs. There will be time for questions and dialogue.

1. The North Okanagan Integrated Case Assessment Team (ICAT)

In December 2008 a partnership was formed between the Vernon Women’s Transition House Society and the Vernon-North Okanagan RCMP to work towards a comprehensive safety assessment and planning process. The development process was funded by a grant from the Ministry of Public Safety and Solicitor General – Domestic Violence Response Fund. The Integrated Case Assessment Team (ICAT) employs a collaborative approach to assess the risk of serious bodily harm or death to victims of domestic/intimate partner violence or stalking. The same collaborative approach is used to provide an enhanced safety and support system to the victim and proactive interventions to the alleged offender. Partners in the process include MCFD, Community Corrections, Crown Counsel, Mental Health and Vernon Jubilee Hospital, Ministry of Housing and Social Development, and local community service agencies.

2. The Domestic Violence Designated Court

In 2006, responding to promising research in a number of jurisdictions that supports evidence of an increased effectiveness in addressing domestic violence crimes through specialized criminal justice responses, discussions were held between Inspector Linton of the RCMP, Judge Keith Brachen, and the Crown Counsel, proposing that a Domestic Violence Designated Court be created in the Cowichan Valley. The idea was put to an advisory group of criminal justice and social service partners and brought to fruition in March of 2009. DV cases are redirected at first appearance to a designated biweekly court day. The Domestic Violence Designated Court Project is the first of its kind in BC and has been in operation for a year. The Court initiative seeks to promote an effective and coordinated social response in order to reduce the incidence, severity and recidivism of domestic violence offences in the region. The project representatives, from Crown Counsel and Cowichan Women Against Violence Society, will share the current picture and their vision of the court project’s future impact on women’s safety in Duncan.

Debby Hamilton is currently the Executive Director of Vernon Women’s Transition House Society where a broad range of anti-violence programs that serve women, girls, children and pregnant and parenting teens are provided. Debby began her journey with women-serving organizations more than 20 years ago, as a frontline worker in Dawson Creek. Since that time she has worked as frontline and management in a variety of settings, including sexual assault services, specialized victim assistance and mental health programs. Debby has also been a part of VAWIR Coordination efforts in Dawson Creek, Kelowna and now Vernon.

Sgt. Robb Daly has been with the RCMP for 24 years and currently works at the Vernon-North Okanagan Detachment. Prior to moving to his position as NCO, he was in GIS, Manager of Serious Crimes and Supervisor of the Domestic Violence Unit. Sgt. Daly has been instrumental in creating relationships and partnerships between the RCMP and community agencies to build a Sexual Assault Response. More recently, he collaborated with Vernon Women’s Transition House Society to develop the North Okanagan Integrated Case Assessment Team to review situations and plan safety
Workshops

Friday, November 26, 2010

for the women and children at highest risk of domestic homicide. Sgt. Daly’s accomplishments include being apart of the Criminal Intelligence Section Investigations and receiving special recognition for his work on Hate Crime policy. During his 6 years as Kitimat Detachment Watch Commander he demonstrated his commitment to victims by being a founding member of the Kitimat Victim Services Society.

Theresa Gerritsen is the Executive Director of Cowichan Women Against Violence Society and has over twenty-five years of experience in the social service field working with a range of clientele. She has worked in the anti-violence sector for the last 15 years, providing frontline and leader-ship services, both in transition houses and in community based victim services. She is active in promoting coordination of specialized social responses to domestic violence and has participated in community development initiatives in Langley, Parksville, Nanaimo and the Cowichan region. She has a Masters degree in Political Science with a specialization in the women’s policy sector. In addition to her busy role in supporting a flourishing anti-violence agency in Duncan, she provides training to volunteers and other frontline responders in a number of settings.

Brad Tomlin attended law school at U Vic from 1984-87. He was called to the BC bar in 1989 and began his legal career at the Vancouver law firm Ray Connell before opening his own practice in 1992. He joined Crown Counsel in 1995 and was with the Crown office in Terrace until 1999 when he joined the Duncan office. He has been the Administrative Crown in the Duncan office since 2005.

Understanding the Culture in Risk and Safety Planning

This workshop will explore the underlying issues of shame and family honour that lead to honor killings. It will explore the specific risk factors and safety planning that needs to be done when working with cultures that focus on concepts of shame and honour and the implications for assessment, support and counselling. In practice, when family members seek help for situations of this nature, some practitioners may feel out of their depth because: (a) they have not had previous experiences in counselling members of diverse populations; and (b) they have not had the appropriate learning opportunities. The goal of this workshop is to examine the nuanced approach to the relative roles of culture, religion, traditions and gender in the perpetration of violence and threats of violence related to honour and family shame, and to provide a safe environment for practitioners to discuss culturally appropriate intervention skills.

Aruna Papp, MA, ADR, MEd - see keynote bio

Safety Planning when Violence, Substance Use and Pregnancy Collide

Studies have shown that women in abusive relationships are more vulnerable to violence when they are pregnant. As well, the links between women’s experiences of violence and their subsequent use of substances becomes stronger when women become pregnant. What are the significant factors that need to be addressed when identifying risk and creating safety plans for pregnant women in violent relationships and using substances? This workshop will focus on the barriers to care, accessibility issues and harm reduction strategies that are all important in working to create safety.

Sarah Payne, RN, has worked in the area of perinatal substance use for over 15 years. She began working at Sheway (a community program for pregnant and parenting women with substance use issues) as a midwife, and then became the Senior Practice Leader at BC Women’s Hospital where she was instrumental in establishing Fir Square Combined Care Unit, a dedicated unit for pregnant substance using women
and their infants. Sarah is on the Faculty of PRIMA (Pregnancy Related Issues in the Management of Addictions), a national group of professionals who work with women, pregnancy and substance use. At present, she has returned to the community as coordinator of Sheway.

Tongue Tied? Learn the Tools of Effective Communication and Why You Shouldn’t Be Afraid of the Media

Do you have a road map linking all your public relations and communications into a harmonious strategy? Communicating without a plan is risky and means putting out a flood of messages that could be unrelated, disconnected, contradictory, or with no clear purpose or direction. Sadly, many nonprofits are so focused on responding to crisis and daily activities that they can lose sight of the forest for the trees. Speaking from decades of experience, Robin will explain the importance of having a formal communications plan. She will teach participants how to develop a message framework and will help them prepare key messages to use in media interviews. Robin will share some tricks of the trade and teach participants how to control the delivery of information and build confidence to go into even the most adversarial of interviews.

Robin Wilson is senior partner in Whitewater Communications, a Marketing Communications company dedicated to the development of strategic marketing and communications plans, public relations, media relations, event marketing and management for corporations and not for profit organizations. Robin is also President of Robin Wilson & Associates, a consulting company focused on the development of strategic special events, sponsorships and partnerships. Robin has lectured at the University of British Columbia, the BC Institute of Technology, Douglas College and Capilano University. Robin established, fostered and built a host of fund-raising events; and has developed strategic plans, marketing and customer promotions, and public relations plans for local and national companies and organizations. Robin also has an extensive history in community involvement.
Please register early to ensure your space! While EVA BC can only offer travel, accommodation and childcare subsidies for one staff person from each Community-Based Victim Assistance Program and Stopping the Violence (STV) Counselling Program, Stopping the Violence (STV) Outreach Program including Multicultural Outreach, you can send as many people as you like!

**Registration**

To register for the training forum, please complete the attached 3-page form (one per person) and mail, with payment, by **October 27, 2010** to:

EVA BC  
728-602 West Hastings Street  
Vancouver, BC V6B 1P2

The registration fee includes your participation at the training forum, handouts and lunch and refreshments on the day(s) you will be attending. For an explanation of training forum subsidies, please see the Expense Claim Guide.

**Venue**

The training forum will be held at the Sheraton Vancouver Airport Hotel, a wheelchair accessible venue located at 7551 Westminster Highway in Richmond, BC. We respectfully acknowledge the traditional territory of the Coast Salish people on whose land we will be gathering.

**Accommodation**

We have reserved a block of rooms at the Sheraton Vancouver Airport Hotel, which is also the training forum venue. Please call the hotel directly at 604-273-7878 or 1-800-325-3535 (toll-free) or visit http://www.starwoodmeeting.com/StarGroupsWeb/res?id=1008161949&ckey=56097 no later than **October 27, 2010** to reserve your accommodation. Specify the Ending Violence Association of British Columbia (EVA BC) to receive the quoted rate of $119 plus tax, for single or double occupancy.

**Getting to the Hotel**

Hotel guests can take advantage of the free airport shuttle service from the Arrivals level of the Vancouver International Airport (YVR).

Participants arriving by car can find directions at www.sheratonvancouverairport.com (choose “LocalArea” at the top, then “Directions” on the left). The hotel is also within a 10 minute walk of the “Richmond – Brighouse” Canada Line Station.

**Parking**

Parking is available at the hotel, at a rate of $13.55 per day for overnight guests and $17.62 per day for non-overnight guests.

**Services**

Odin Books will have resources available for purchase at the training forum. Two Massage Therapists and one Reflexologist will also be available to provide massage therapy and reflexology free of charge. Please reserve a spot with them directly on site. Overnight guests can take advantage of the hotel's business and fitness centres, among other amenities.

**A Scent-Free Event!**

Smoking and strong scents can make the training forum inaccessible for participants who are environmentally sensitive. Please help us create a scent-free environment by not using perfume, cologne and other scented products.
Expense Claim Guide

SUBSIDIES

Expense Reimbursement

EVA BC is pleased to offer partial expense reimbursement to one staff person from each Community-Based Victim Assistance Program, Stopping the Violence (STV) Counselling Program, and Stopping the Violence (STV) Outreach Program, including Multicultural Outreach:

• 70% of travel, accommodation and childcare expenses that total less than $800.
• 80% of travel, accommodation and childcare expenses that total $800 or more.

Please designate one person per category who will submit an expense claim for reimbursement. The designated staff person will receive a travel/accommodation claim form in their training forum package. Claims must include expenses incurred by the designated participant only; groups cannot pool expenses and submit them as a single claim. **Original receipts must be submitted with claims for reimbursement within 30 days.**

Single-day registrants are eligible to receive the same subsidies for travel, childcare and one night of accommodation. If you require more than one night of accommodation, please contact EVA BC to obtain prior approval.

Group and Student Rates

EVA BC also offers discounted registration fees for groups and students.

**Groups:** Groups of five or more from the same agency will receive $20 off each registrant’s standard rate (see Registration Form for more details). Single-day registrants are not eligible for this subsidy.

**Students:** Registrants with a valid student number will receive $20 off the general registration rate.

ACCcommodation

Participants travelling more than 65 km from their office to the training forum venue are eligible for the accommodation subsidy. Accommodation expenses for November 24 and 25 are automatically eligible for reimbursement. Participants who stay on for the Annual General Meeting or have limited travel options may also be able to claim accommodation expenses for November 26. **Please contact EVA BC to obtain approval prior to booking.**

EVA BC has reserved a block of rooms at the Sheraton Vancouver Airport Hotel in Richmond at a rate of $119/night plus tax. Participants must pay for their rooms up front and submit expense claims for reimbursement after the training forum. Claims must not exceed $119/night plus tax. Private lodging is eligible for reimbursement at a rate of $30/night. Please specify “private lodging” on your claim form.

MEALS

Lunch and refreshments are provided on both days of the training forum. Due to funding constraints, EVA BC is unable to subsidize any additional meals. We hope that your agency is able to cover these costs.

AUTOMOBILE TRAVEL

For participants traveling more than 32 km from their office to the training forum venue, mileage will be subsidized at a rate of $0.43/km. If you plan to drive instead of fly, please note that mileage will only be subsidized up to the value of an advance, economy plane ticket from the same destination.

PARKING

Parking costs are eligible for reimbursement.

FERRY TRAVEL

The cost of ferry travel for automobiles and foot passengers is eligible for reimbursement.

AIR TRAVEL

Air travel subsidy is based on seat sale and economy class prices. EVA BC strongly recommends that you/your agency purchase cancellation insurance, as we are unable to offer reimbursements on unused airline tickets.

Please note: EVA BC is unable to reimburse you/your agency for the cost of cancellation insurance. Our recommendation for purchase is for your protection only.

CHILDCARE

Please contact the EVA BC office at 604-633-2506 ext 10 for details.

REGISTRATION FEE

The training forum registration fee is not eligible for reimbursement.
Registration Form

Transforming Risk:
Safety Strategies for Life
November 25–26, 2010

EVA BC Annual General Meeting
November 27, 2010

Sheraton Vancouver Airport Hotel,
Richmond, BC
To register, please mail the completed
3-page form (one per person)
with payment by October 27, 2010 to:

EVA BC
728-602 West Hastings Street
Vancouver, BC V6B 1P2

Space is limited, so register early!

REGISTER BY MAIL ONLY!

Participant’s name: ____________________________
Agency name: ____________________________
Program name: ____________________________
Address: _________________________________________________________________
City: ____________________________ Postal code: ____________________________
Phone: ____________________________ Fax: ____________________________
Email: ____________________________

Please indicate which program/initiative you represent:

- Community-Based Victim Assistance Program (CBVAP)
- Stopping the Violence (STV) Counselling Program
- Stopping the Violence (STV) Outreach Program
- Multicultural Outreach
- Other (please specify): ____________________________

Are you the person designated by the program/initiative to submit an expense claim for subsidy?

No  □   Yes □   N/A □
Please check all that apply:

**Attendance:**
- I will be attending both days of the training forum (November 25 & 26).
- I will be attending only day 1 of the training forum (November 25).
- I will be attending only day 2 of the training forum (November 26).
- I will be attending the EVA BC AGM (November 27).

**Dietary requirements:**
- Vegetarian
- Vegan (no eggs or dairy)
- Other (please specify): ______________________

**Accessibility requirements:**
- No
- Yes (please specify): ______________________

**Directory disclosure:**
- I do not wish to have my name and contact information published in the directory distributed to training forum participants.

**Registration Fees**

In recognition of programs’ financial constraints, EVA BC is pleased to offer reduced registration fees again this year. Please indicate the applicable fee below.

- EVA BC member programs and coordination initiatives ($165/person)
- Non-member programs and general registration ($195/person)
- Single-day registration ($110/person)
- Member group rate* ($145/person) Agency: ________________________________
- Non-member group rate* ($175/person) Agency: ________________________________
- Students ($175/person) School and student number: ________________________________

* Member group rate applies when there are five or more participants from the same agency, all of whom belong to EVA BC member programs. Non-member group rates apply when there are five or more participants from the same agency.

**Registration payment enclosed:** $ __________

- Registration forms must be accompanied by payment. Please make your cheque or money order payable to “Ending Violence Association of British Columbia”. **We regret that we do not accept credit cards.**
- The registration fee includes your participation at the training forum, handouts and lunch and refreshments on the day(s) you will be attending.
- Registration fees can be refunded until November 4, 2010 and are non-refundable after this date. A $30 administration fee will be charged for each refund request.

*For more information, please contact the EVA BC office at 604-633-2506 ext 10.*
**Thursdays, November 25, 2010**

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- Creating Safety Through Risk Identification, Focused Interventions and Information Sharing
- The Strategic Developmental Model: An Efficient Treatment Process for Victims of Abuse and Violence
- Working Across Culture for Enhanced Safety
- Bearing Witness to Trauma: The Importance of Maintaining Our Own Safety as We Help Women Stay Safe
- Risk Identification for the Safety of Children

**Fridays, November 26, 2010**

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- Creating Safety Through Risk Identification, Focused Interventions and Information Sharing
- Addressing Risk Through Collaboration: Models from Two BC Communities
- Understanding the Culture in Risk and Safety Planning
- Safety Planning when Violence, Substance Use and Pregnancy Collide
- Tongue Tied? Learn the Tools of Effective Communication and Why You Shouldn’t Be Afraid of the Media